

# WHAT CAN BE COMMON BETWEEN YOU AND THE NBA STARS? *A SPECIAL REPORT ON*

**NBA's recent revelation and how it can help you win...  
For next 50 years**



This is an Excerpt  
of the Full Copy

Dear Basketball lover,

Did you know what great advantage your love for putting the ball in the hoop has got you in? An advantage that will keep you super-fit not just in your 30s & 40s ... but even 50 years from now.

And if you want to stay in full control of your life, if you want to enjoy complete freedom from drugs, herbs and rote gym drills I must tell you - "the solution is here!"

Yes, I couldn't have believed it myself till I walked into the packed Gillette stadium, for 2015 Fitness Innovations Summit. Soon after the opening rituals, NBA's legendary instructor Kent Katich stormed into the center-stage, followed by Abdul Kareem Jabbar & Natalie Williams. Kent challenged the audience "Do you know why 80% Americans start lagging in life when they are barely 35? And what's the top reason our workouts fail miserably in the long run?"

The stadium filled with sports and fitness experts fell into deep silence. Kent continued "What we tried and tested on 75% of NBA star performers over the last 20 years has confirmed that the solution is finally here. And if long lasting fitness is your priority, you can use this solution as well."

At this we were a bit intrigued. After all, what is the SOLUTION?

That's when Abdul & Natalie stepped forward.

Magic Ingredient that Rocked (W) NBA stars

Nobody in NBA history has ever played more minutes than Abdul-Jabbar's 57,446. In a league that has seen 7-footers routinely break down, Abdul's 20-year career was incredible simply because big men rarely last that long. And this is what Abdul confessed:

"If there is one thing I can credit for my long-lasting success – it's really my daily workout. My workout had much more than just cardio & weights. It integrated a technique that kept me engaged every minute. Even the tiniest muscles in the body got toned and strengthened. I soon became aware of my body and its movements. Now that's most important for an athlete. And this is what we call "deep-conditioning" benefits of a workout. It gave me an extra boost of energy that supercharged my... well, both public and private lives. And if your workout is not conditioning you deep enough, if it is not engaging your mind well enough, then its benefits just won't last."

He continued...